

# Innovative technologies in psychology. «StopPanic» application.



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# Haste and overwork - an acute problem for residents of megacities



# PANIC ATTACK



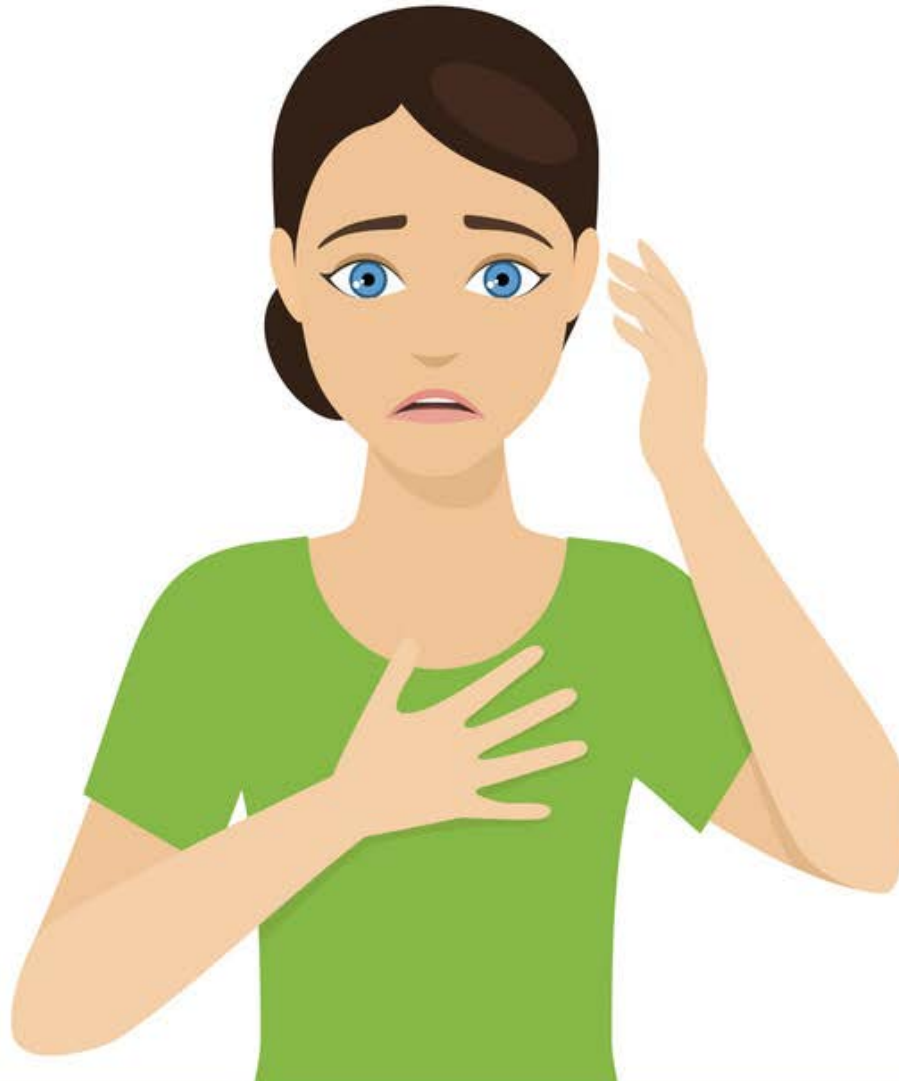
SHORTNESS OF BREATH



RAPID HEARTBEAT



SWEATING



TREMBLING



DIZZINESS



HYPERTENSION

# Special mobile app "Stop Panic" that syncs with your watch





**Thanks for your  
attention!**